

IT'S TIME. HOSPITAL BAG CHECKLIST

FOR MOM

- CELL PHONE & CHARGER
- CHAPSTICK
- DEODORANT
- FLIP FLOPS
- HAIR BRUSH & TIES
- LOTION
- MAKEUP
- NIPPLE CREAM
- NURSING BRA
- NURSING PADS
- NURSING PILLOW
- PAJAMAS
- ROBE
- SOCKS
- SNACKS
- TOOTHBRUSH & TOOTHPASTE
- SHAMPOO & CONDITIONER
- UNDERWEAR
- WEEKENDER BAG
-

FOR BABY

- BABY HAT
- BABY NAIL CLIPPERS
- BURP CLOTH
- CAR SEAT
- NEWBORN MITTENS
- ONESIES (VARIOUS SIZES)
- SWADDLE BLANKET
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NOTES

JUST BREATHE. YOU CAN DO THIS.

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